ADMINISTRATION

Correction: In the Residence Directory, the phone number listed for Jade Court reads, Ext 202; however, the number to Jade Court is actually Ext 102.

Transportation: I would like to remind all residents to please submit their transportation request as soon as they know about their appointment. And when filling out the request, please also write in the Doctor’s name, phone number and address. -- Connie Farias

RESIDENT COUNCIL

Resident Website: The website presentation done by Alice Englander on July 25th drew a lot of residents and evoked a great deal of interest in getting to know more about the Resident Website. The idea of smaller workshops in the Canterbury Room came up, and we would like your feedback to help us assess what topics would be most useful.

Our current thinking is to initially have two workshops. One would be very basic and would be for residents who have no or very little contact with the Internet and websites in general. It would cover topics like web browsers, how to access websites and how to navigate within websites, using our Resident Website as an example. The second workshop would be about the Resident Website and would assume a working knowledge of website browsing. The topics would be based on input from the residents who attend.

Are you interested? Please email Alice at aliceenglander@sbcglobal.net with your response and any comments or suggestions you have.

NEWS FROM THE POND - Blacknose here. Last time I introduced you to the largest of the pond. Now I’d like to introduce you to the most unique of the pond – Zsa Zsa. Zsa Zsa got the name because of the glamorous yellow color and fantails. Now we Koi all knew that Zsa Zsa was a goldfish even if our people didn’t. We are related as we are both descendants of carps. One simple way to tell us apart is that we Koi have barbs on either side of our mouths while the goldfish don’t. Of course we have to stay still long enough for you to see. ZsaZsa is shy and tends to stay aside from us large guys and gals and enjoys having salad (algae). Newbie seems to be best friends with Zsa Zsa as they frequently hang out together. Their coloring is the same though there is no indication that newbie will develop the larger flowing fantail.
OUR SHOP made a $1000 contribution to the Resident Association treasury recently even though we just paid to Pacific Grove $619 in sales taxes and a $36 fee for our business license. All of the above was made possible by generous shop donors and our many loyal shoppers and volunteer helpers.

Recently the shop had some unusual and popular merchandise that included a large assortment of collectible pelican figures and new beautifully made jackets from Singapore and Hong Kong. Check your drawers and closets for interesting items in very good to new condition so the shop can continue to create a great shopping experience. Call Karen @ x271 with questions.

RESIDENT ACTIVITIES

GENTRAIN at MPC -- Wednesday, August 2 -- Load 12:45  Depart 1:00 p.m.

The Cuban Revolution -: A Personal Background and Future
Craig Wandke lived in Cuba as a child, attended Cuban schools during the critical years before and shortly after the revolution in 1959, and left the island when he was fifteen. His father was a consulting geologist, and he will show pictures of those years, both in Bayamo and Havana, as well as offering his perspective on the Cuban Revolution over the decades. He will share significant personal memorabilia from those years. He has lived in Peru, holds a BA in Latin American Area Studies and went on to offer his services as a Peace Corps volunteer in Honduras. He speaks native Spanish....and once met and spoke briefly with Fidel Castro! His talk will focus on critical incidents from his life in Cuba as they relate to the Revolution.

The Beat Goes On -- Wednesday, August 2nd -- 4 p.m. in the Lounge

Beth and Bill will bring you some of their favorites, along with some new material -- vocal solos and duets, with guitar and keyboard accompaniment -- including What’ll I Do?, Stormy Monday, the MTA Song and You Don’t Bring Me Flowers Anymore.

Jack is recovering and we trust to have him and his sax back on the job next month!

Friday, August 4th, 10:00 a.m. – Noon - Crafts Room -- Exploring Art
Come spend another creative morning painting with Julie Heilman. Julie enjoys sharing her love of creativity at the P.G. Art Center, Central Coast Art Association and at CW.
Chair VOLLEYBALL for ALL! Friday, August 4th, 1:00-2:30 p.m.
Come join the FUN whether you would like to watch or play, in the auditorium.
Seated volleyball is easy, great for upper body strength. Laughter guaranteed!

Saturday, August 5th, 4:00 p.m. --Lounge -- Monterey Flute Choir


Saturdays - 10:00 a.m.- Auditorium -- Pilates for Seniors is focused on balance, stretching and strengthening and is modified to suit your comfort level. Exercises can be done in a chair or standing, using stretchy bands, weights, etc. Instructor Tiffany is well-versed in working with Seniors. Cost = $4.00 / Session
Payment Option: Can be added to your monthly CW statement if desired

Women's Conversation Group - Monday, August 7 @ 10:30 in the Rose Room
Topic for discussion posted outside Rose Room - We begin with humor. . .bring your favorite joke!

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The next What’s New will be dated August 16. If you have an item to submit, please get it to editor Beth Storey by Saturday, August 12. Box H-116, or bthstorey@yahoo.com.

BALANCE & LEG STRENGTHENING CLASS Mondays, 9:30-10:00 a.m. --Auditorium
How’s your balance? If you would like to improve or work on your balance skills this class is for you. If you were enrolled in the balance class from earlier this year, this class is for you!

Monday, August 7th, 4:00 p.m. - Lounge - “DVD Adventures with Sandy and Gail”

Sandy and Gail Cohen travel to the island of Madagascar off the southern coast of Africa. The people of Madagascar came from Indonesia 1,000 years ago and the animals on the island can be found nowhere else in the world. See a dancing lemur, chameleons that move their eyes 180 degrees and independently of one another, and leaf-tailed geckos that are so skilled at camouflage that they are nearly
invisible. And it is not only the fauna that are unique. The spiny forest in the southern part of the island is entirely unique.

**Wednesday, August 9th, 3:30 p.m. - Lounge**
**Eddie & Kanoa Mendenhall - Piano and Bass**

Last summer we spent a magical afternoon with this father-daughter duo and we are excited for their return engagement. The combination of their two instruments is so well suited to our Lounge - it's sure to be another engaging program.

**Karen@the Keys - Thursday, August 10 at 4 p.m. in the Lounge**

Program of duets with Karen and Donna -- A Playlist will be on Bulletin Board in Coffee Room - a collection of familiar songs you'll doubly enjoy!

**GREAT COURSES.** After a one week break (no meeting on Monday, August 7th) we will continue our series, “The Guide to Essential Italy” with lecturer Professor Kenneth R. Bartlett on Monday, August 14th. We will view Lectures 25 and 26, The Ognissanti, Palaces, Parks and Villas and Romantic Views: San Miniato and Fiesole. The following Monday, August 21st, lectures 27 and 28, Arezzo, Perugia, and Assisi and Venice, the Center of Power, will be shown. Remember, we are taking a one week break—no Great Courses on Monday, August 7th but we hope you will join us in the Canterbury Room from 4 to 5 Monday afternoon, August 14 to continue watching this interesting series.

**MONTEREY COUNTY FAIR --** It’s that time of year again and with fond memories of last year’s County Fair—We’re looking ahead to this year’s trip at the end of August.

**Thursday, August 31st - Monterey County Fair Senior Day Transportation**

Enjoy this annual traditional county fair as well as the special “Senior Resource Fair” - a fun event with representatives and information from over 35 community and senior services. **Special Senior Day perks:** Free Admission to the Fair, Give-Aways, Coffee and Snacks & Live Entertainment.

**Load @ 10:30 a.m. Depart: 10:45. Load to return to Canterbury Woods: 2:30 p.m.**

You can buy lunch on the midway and enjoy some of those nostalgic favorite county fair treats. Or request a sack lunch from dining services if you prefer - there are plenty of picnic tables, and the soup and salad bar is available in the Dining Room until 4:00 p.m.

**Sign Up in the Transportation Binder at the Front Desk.**

Questions: Marley 657-4193 or mknoles@jtm-esc.org
Interested in a special Crafts Project?

A number of residents are familiar with Card-Making Workshops with Jeannie Frank-Berquist. She provides all materials and step-by-step guidance to make 3 ornate “scrapbooking” style cards for $15 per person. She is available Sunday early-afternoons and we would like to gauge interest, as we need 5-7 participants to hold the workshop. Please let Marley know if you are interested: 657-4193 or mknoles@jtm-esc.org.

Check the bulletin board and website for photo samples of her cards. Christie Yarr and Lynne McCammon are familiar with her work.

SAVE THE DATE!  CELEBRATE! -- Monday, September 18
Canterbury Woods Lounge, 2:00 p.m.

You are invited to participate in celebrating the recent success of our neighbors at Gateway Center. Located just four blocks away, the center has provided a home for the developmentally disabled for more than half a century.

Our community rallied to their support when Gateway Center was threatened with closure in 2008. The Center has viewed this support as an opportunity and inspiration to completely remodel their entire facility and to revise and improve services for all clients.

Celebrate the success of this cooperative effort!
– Enjoy a glass of wine and socialize.
– Music is offered by our own “The Beat Goes On.”
– See the new slide show which reviews Gateway’s fluctuating and touching history.
– Witness the effectiveness of helping hands.
– Rejoice in the delight of success.

LIBRARY NEWS

NEW BOOKS IN THE REGULAR PRINT LIBRARY
THERE YOUR HEART LIES  Mary Gordon
“. . . a deeply moving novel about an American woman’s experiences during the Spanish Civil war, the lessons she learned, and how her story will shape her granddaughter’s path.”
TESTIMONY  Scott Turow
The author “. . . returns with a page-turning legal thriller about an American prosecutor’s investigation of a refuge camp’s mystifying disappearance” during the chaos following the Bosnian war.
KILLERS OF THE FLOWER MOON  David Grann  997.60 Gr
Story of a murder spree in 1920’s Oklahoma targeting Osage Indians, whose land it was.

**TWO WEEKS TO A YOUNGER BRAIN**  Gary Small, MD       612.82 Sm
An Innovative Program for a Better Memory and a Sharper Mind

**THE WOMEN IN THE CASTLE**  Jessica Shack   (Gift)
“An intimate portrait of the lives of three women whose fates draw them together in World War Two Germany.”

**MESSENGER OF TRUTH**  Jacqueline Winspear   (Gift)  Mystery
The 4th book in the Maisie Hobbs series (published in 2006), which we have never had in our library before -- now available for followers of this popular mystery series.

**PERSONAL**  Lee Child    (Gift)    Mystery
This is another in the Jack Reacher series that we have not had in our library before (published in 2014) and we have added it to our collection for readers of this series.

**MAGPIE MURDERS**  Anthony Horowitz  Mystery
“This fiendishly brilliant, riveting thriller interweaves classic whodunit worthy of Agatha Christie with an equally ingenious modern-day mystery that transforms the reader into the detective.”

**NEW BOOKS IN THE LARGE PRINT LIBRARY**

**ON LIVING** by Kerry Egan (N)
Hospice chaplain Kerry Egan didn't offer sermons or prayers, unless they were requested. Instead, she discovered she'd been granted an invaluable chance to witness firsthand what she calls the “spiritual work of dying”--the work of finding or making meaning of one's life.

**GRIEF COTTAGE** by Gail Godwin (F)
The haunting tale of a desolate cottage on a South Carolina beach, and the hair-thin junction between this life and the next, from the author of Evensong.

**SLEIGHT OF PAW** by Sofie Kelly (M)
#2. When the body of elderly do-gooder Agatha Shepherd is found near Kath's favorite local café, she knows Owen's and Hercules's talents will give the felines access to clues Kath couldn't get without arousing suspicion.

**MURDER IN THE RUE DUMAS** by M L Longworth (M)
Verlaque and Bonnet #2. Professor Moutte, director of the theology department at the university in Aix-en-Provence, is found dead-just as he is about to announce the recipient of both a coveted fellowship and his position as Director-which includes a coveted apartment in a 17th C mansion. With Marine's help, Verlaque uncovers a world that proves more complicated than university politics.

**VIDEO LIBRARY ADDITIONS**

**MONK—SEASON 3**
Enjoy watching another season about Mr. Monk, the obsessive, compulsive detective with the brilliant mind. 3 one-hour episodes on each DVD. 4 DVDs.
MOVIES

TUESDAY, AUGUST 1st, 6:15 p.m. - Lounge:  RETURN TO SNOWY RIVER  - Jim (Tom Burlinson) and Jessica (Sigrid Thornton) return to their former roles in this sequel to The Man from Snowy River. It is some years later and Jim now has his own large herd of mountain-bred horses. Jim and Jessica are still enamored with each other but a rich would-be suitor has entered the picture. Jealousy drives the latter into a malicious plot, even to attempting murder! Australia’s Victoria Alps are backdrop for this action-packed drama involving a stormy romance in which lovers are caught up in a landowners’ feud. 1 hr. 40 min. Subtitles.

TUESDAY, AUGUST 8th, Lounge:  6:00 p.m. short CARTOON -  “Pepe Le Pew;” 6:15 p.m.  MAIN FEATURE -  REGARDING HENRY  - Harrison Ford plays Henry Turner, a work-obsessed ambitious Manhattan lawyer who pretty much ignores his family. Having won a malpractice suit in defense of a plaintiff, ironically, Henry ends up in a similar situation. Henry is to “meet himself” for the first time in this often funny and heartwarming film. Annette Bening stars as Henry’s wife, Sarah. Mike Nichols directed this 1991 film drama. 1 hr. 30 min. Subtitles.

TUESDAY, AUGUST 15th, 6:15 p.m. - Lounge:  AIRPLANE!  - This American satirical comedy stars many familiar faces - Leslie Nielsen, Robert Stack, Lloyd Bridges, Peter Graves, Kareem Abdul-Jabbar, Ethel Merman, and others. A traumatized ex-fighter pilot with a pathological fear of flying nervously boards a flight from Los Angeles to Chicago on which his wartime girlfriend serves as a flight attendant. He hopes to win her back but unforeseen events take over with his having to fly the Boeing 707. Surreal humor, visual and verbal puns dominate in this parody of the disaster film genre. In 2010, Airplane was selected for preservation in the U.S. National Film Registry by the Library of Congress as being “culturally, historically, or aesthetically significant.” 1 hr. 20 min. Subtitles.

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Studies have demonstrated that rednecks have the lowest stress rate because they do not understand most medical terminology... e.g. these Redneck Definitions:

<table>
<thead>
<tr>
<th>Artery</th>
<th>The study of paintings</th>
<th>Bacteria</th>
<th>Back door to cafeteria</th>
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</thead>
<tbody>
<tr>
<td>Barium</td>
<td>What undertakers do when you die</td>
<td>Benign</td>
<td>What you be after you be eight</td>
</tr>
<tr>
<td>Caesarean</td>
<td>A neighborhood in Rome</td>
<td>Colic</td>
<td>A sheep dog</td>
</tr>
<tr>
<td>Cat scan</td>
<td>Searching for Kitty</td>
<td>Coma</td>
<td>A punctuation mark</td>
</tr>
<tr>
<td>Cauterize</td>
<td>Made eye contact with her</td>
<td>Enema</td>
<td>Not a friend</td>
</tr>
<tr>
<td>Dilate</td>
<td>To live long</td>
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<tr>
<td>Term</td>
<td>Definition</td>
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<tr>
<td>Fester</td>
<td>Quicker than someone else</td>
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<tr>
<td>Impotent</td>
<td>Distinguished, well known</td>
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<tr>
<td>Medical staff</td>
<td>A Doctor’s cane</td>
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<td></td>
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<tr>
<td>Nitrates</td>
<td>Rates of pay for working at night,</td>
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<td></td>
<td>Normally more money than Days</td>
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<tr>
<td>PostOperative</td>
<td>A letter carrier</td>
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<tr>
<td>Fibula</td>
<td>A small lie</td>
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<td></td>
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<td>Labor pain</td>
<td>Getting hurt at work</td>
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<tr>
<td>Morbid</td>
<td>A higher offer</td>
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<td>Node</td>
<td>I knew it</td>
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<td>Outpatient</td>
<td>A person who fainted</td>
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<tr>
<td>Secretion</td>
<td>Hiding something</td>
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