



SPOTLIGHT ON OUR EMPLOYEES: Keith Sickafoose

Brought to you by the Annual Employee Appreciation Fund Committee

Quietly appearing in the Dining Room from the “back of the house”, usually near the end of the meal, is Keith Sickafoose, the Lead Cook for dinner, which he begins at 11:00 am. The unusual Native American last name means “swift foot”. He says the Native American relative was not a recent one. Keith was born and raised in California, living in various parts of the State. He attended grade school and high school in Alameda. He and his wife currently live in Marina.

Keith learned to cook from his Irish mother and on the job. He has always loved to cook. He has been at Canterbury Woods for over twenty years. He met his wife Ut (pronounced Op) in our Kitchen, where she was working Pantry (salads, sandwiches, and fruit platters). They have been married twenty years. Ut is from Viet Nam, where she still has family and he has returned there with her three times. The latest visit was this past February, when they went for New Year’s Eve (a big event in Viet Nam). They rented a taxi and cruised around town! Mario Cordero, our Pot Washer, accompanied them.

Prior to working here, Keith worked at Bubba Gump Shrimp Company and the Edgewater Packing Company (currently the IMAX theater in Monterey), where he was the Assistant Manager and oversaw the carousel and games.

Keith has a stepson and a fourteen-year-old step grandson, whom he describes as “the love of his life”. The Sickafoose’s have four little dogs, which are a terrier-chihuahua mix. When not working Keith enjoys gardening, reading and fishing in the mountains.

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