



SPOTLIGHT ON OUR EMPLOYEES: Beth Alcantara

Brought to you by the Annual Employee Appreciation Fund Committee

Beth wants the residents to know -- I'm very thankful I work at Canterbury Woods. She has been here for twenty-four years! Beth is a CNA (Certified Nursing Assistant) who can be found in Jade Court or Personal Care. In addition, she is a Medication Aide, so she is able to dispense drugs. Sometimes she accompanies residents to physician appointments. Her favorite parts of the job are taking care of residents and talking with them.

Beth was born in the Philippines, but came to the United States thirty years ago and is a U.S. citizen. She currently lives in Monterey. In addition to working at Canterbury Woods, she works part time at Forest Hill on weekends in Assisted Living.

Beth has four sisters and one brother. All but one of her siblings live in the United States. She plans to visit her sister in the Philippines next month. She has one daughter, Grace (27). Her husband died unexpectedly, when Grace was five. Beth instantly became a single parent and was able to support herself and Grace by working two full-time jobs.

Grace earned her RN (Registered Nurse) degree at MPC (Monterey Peninsula College) and is working in Salinas as a MDS (Minimum Data Set) Coordinator at a nursing home. She develops care plans and submits reports to the State and Medicare. Grace is engaged to Brian and they plan to marry next year!

When not working, Beth enjoys reading, watching television, shopping, traveling and cooking.



Brian, Grace and Beth

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