



## **Spotlight on our Employees. Fredis Pineda**

Fredis (not Freddie) appears in the Dining Room on Friday morning to make our fantastic omelets to order. (Some residents, who don't show up for breakfast normally, appear on Friday for Fredis' custom omelets.) Fredis is also responsible for making salads and preparing fruit. He loves working at Canterbury Woods because it allows him to spend more time with his children.

He came to the United States in 1985 from La Union, El Salvador. Two sisters and one brother live there. He has three other brothers in the U.S. His mother spends half of the year in each place. Before Canterbury Woods, Fredis worked at Fandango Restaurant for eighteen years. He has also worked as a gardener here and in El Salvador. He planted some of the trees at Laguna Seca Racetrack and at the same time was working evenings in a restaurant. He says he has worked at so many restaurants he can't remember them all.

Fredis has two children, Fredis, Jr. and Rosa. Fredis, Jr. who lives with Dad is sixteen and loves soccer and sports in general. Rosa is nineteen and spends two days a week with him. She is a student at Monterey Peninsula College. When not working Fredis likes spending time with his children. He loves playing soccer and watching his son play soccer for Monterey High School. He's even been known to take Rosa on shopping trips to San Jose!

*Featured in What's New 7/1/12.*